South Africa is a country of contrasts, rich in its diversity—of people, language, culture, fauna and flora—beautiful scenery from the mountains to the sea, and into the deep rural countryside. This diversity is also reflected in aged care services. Following the success of the 2014 program, SAGE is returning to South Africa.

This tour will suit CEOs, executives and facility managers, particularly those working in community and rural or remote areas looking to gain fresh insights into care delivery for their organisations. The program will also have a focus on hospitality and consumer-directed care.

We are delighted to announce that this program will be lead by South African Aged Care expert Margie van Zyl Chapman, Chair of International Homes & Services for the Aged (IAHSA) and Commonwealth Association Homes and Services for the Aged (CommonAge) board member.

There is also an opportunity to register for an optional post-tour recreational Safari. This is your chance to experience the African wilderness from a unique and immersive perspective.

Registrations now open at www.sagetours.com.au
**Study Tour itinerary**  
**Note:** preliminary itinerary, subject to change.  
Full program will be provided to booked delegates.

**Sat 12 November – Arrive Durban**  
SAGE delegates arrive in Durban, where you will be met and transferred to our hotel. Informal evening welcome reception.

**Sun 13 November – Durban**  
Full day Valley of 1000 Hills tour – includes a traditional Zulu food lunch and opportunities to purchase traditional beadwork and crafts from the women who make it, plus visit an orphanage, and experience Zulu music and dancing.

**Mon 14 November – Durban**  
Full day SAGE program.  
Focus: “Setting the Scene” overview of the South African system by Margie Van Zyl Chapman, The Association for the Aged in Durban (TAFTA).

**Tue 15 November – Durban**  
Full day SAGE program highlighting the contrasts of Africa as we visit peri urban programs providing community care to underprivileged seniors and visit a private high end retirement village in Durban. Includes lunch and a short city tour of Durban’s Indian Victoria Street market and the newly renovated beachfront, with an optional Rickshaw ride along the beachfront.

**Wed 16 November – Durban – Pietermaritzburg – Nambiti**  
Depart for a 2 day trip to remote Rorkes Drift. Feel the beat of Africa as we travel by 4WD vehicles to the rural and remote regions of KwaZulu-Natal.  
**Focus:** Regional and Rural.  
Hosted by Pietermaritzburg & District Council for the Care of the Aged (PADCA), including round table discussion on the challenges of providing care to seniors in regional areas.

Travel onto our evening destination, Nambiti Private Game Reserve, where we will enjoy a SAGE group dinner at a private game reserve.

**Thu 17 November – Nambiti – Isandlwana**  
An early morning game drive before travelling to Wasbank St Antonine’s, where we will experience a care home that has defied the odds, an extraordinary journey of how one home transformed rural and remote care in an under resourced remote area.  
**Focus:** Rural and Remote.  
From this inspiring visit we travel on to Isandlwana - the famous site of the Anglo-Zulu and Anglo-Boer wars fought in this area.

**Fri 18 November – Isandlwana – Durban**  
An early morning walk to view the amazing scenery followed by breakfast and SAGE program visit to Emseni (supported by SAGE tours donations). Learn the story of the Australian connection to this very remote aged care facility and experience first-hand the benefit of international connections. SAGE group returns to Durban via Mandela monument.

**Sat 19 November – Durban – Cape Town**  
SAGE private coach transfer to the airport for our late morning light to Cape Town. On arrival in Cape Town we will be met by private coach and transferred to our hotel. Free afternoon to explore, followed a privately hosted evening by one of South Africa’s prominent aged care experts.

**Sun 20 November – Cape Town**  
Full day tour of Cape Town, including a visit to Robben Island where Mandela spent 20 years in prison. After lunch visit Table Mountain by cable car for the amazing views (weather permitting) and a city tour.

**Mon 21 November – Cape Town**  
Full day SAGE program.  
**Focus:** Hospitality Services and Integrated Care and Community Directed Care.  
Program includes a visit to a high-end facility and a seminar including presentations, networking and discussions with key players from the South African aged care sector.

An afternoon of global exchange, the program includes the SAGE and South Africa Care Forum (SACF) ‘Conversation Hub’, where invited representatives from the RSA sector come and listen to our SAGE group talk about the work we do in Australia. Group Dinner tonight at one of Cape Town’s famous restaurants.
**Tue 22 November – Stellenbosch day tour**

Full day SAGE program.
Focus: Retirement Living Communities - Livewell Suite’s and Langverwag.
We travel to South Africa’s premier wine district Stellenbosch, including visits to a high-end retirement village and roundtable discussion with management. The afternoon program includes a managed facility and an ageing in-place home where we will enjoy lunch with the residents.

Enjoy some free time in the beautiful boutique town of Stellenbosch before early dinner at Tokara Wine Estate with its dramatic views, award-winning wines and great food.

**Wed 23 November – Cape Town**

Full day SAGE program.
Focus: Quality and Accreditation Systems including lunch.

Focus: Continuing Care Communities. Program includes visits to both high-end for profit and high-end not-for-profit organisations in Capetown and a regional winery area of Paarl, where there is a high retirement lifestyle focus.

**Thu 24 November – Cape Town**

Full day SAGE program.
Experience care in inner-city urban setting, where delegates will enjoy braai/lunch with the residents at small home - seen as an oasis in an impoverished area.

The afternoon will conclude with a formal tour wrap-up seminar with our South African colleagues.

Focus: Formal debrief and review – “Cost or Care” What does it take to deliver care?

Farewell SAGE dinner at V&A Waterfront, taking in the beautiful harbour location.

**Fri 25 November – Cape Town**

After breakfast we check out and transfer to post tour or transfer to airport (transfer included).

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**INCLUSIONS**

- 13 nights Single room accommodation in 4* & 5* Boutique hotels
- 13 breakfasts, 7 lunches & 7 dinners including beverages as listed on menu
- Facility tours/seminars
- 4 private SAGE group sightseeing events
- Private airport transfers on arrival in Durban and departure in Cape Town
- Private coach/luxury minibus transport as per itinerary
- Economy flight Durban to Cape Town including check-in baggage allowance of 2 bags to 20kg each
- Tips & donations relating to tour paid on group’s behalf
- Wifi internet in room at hotels in Durban and Cape Town
- Delegate program documents
- Program leader & dedicated Flight Centre travel agent

**EXCLUSIONS**

- Visa costs (no visa required if on Australian passport)
- International Flights to Durban and from Cape Town
- Meals other than listed
- Personal expenditure
- Personal activity tips
- Alcohol other than mentioned
PAYMENTS SCHEDULE 
INCLUDING CONDITIONS & CANCELLATIONS
• Deposit amount $2,500.00 per person with registration
• 2nd payment $2,500.00 per person due by 30/03/16
• Final Payment due by 01/09/16
• All payments are non-refundable

SAGE Program

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<tr>
<th>Early Bird (Alumni until 30/03)</th>
<th>Full Price from 30/03</th>
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<td>Single 14 days/ 13 night</td>
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To register visit: www.sagetours.com.au or email Judy Martin at judy.martin@thomsonadsett.com